



**Main Lunch Menu
March 2024**

This institution is an equal opportunity provider.

Serving Sizes are as follows:

K - 5th Grade – Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¾ cup, Fruit ½ cup, Low Fat or

1% unflavored or flavored milk 8oz

6th – 8th Grade - Meat/MA 1.75oz, Grain 1.75oz, Vegetable ¾ cup, Fruit ½ cup, Low Fat or 1% unflavored or flavored milk 8oz

9th – 12th Grade – Meat/MA 2oz, Grain 2oz, Vegetable 1 cup, Fruit 1 cup, Low Fat or 1% unflavored or flavored milk 8oz

Monday	Tuesday	Wednesday	Thursday	Friday
February 26 Turkey and Cheese Sandwich on WW Bread Carrot Sticks w/Ranch Mayonnaise Fruit Milk Cheese Sandwich	February 27 WG Chicken Fingers Mashed Potatoes Fruit Milk Veggie Nuggets	February 28 Beef Chili WG Dinner Roll Broccoli Ranch Dressing Fruit Milk Veggie Bean Chili National Chili Day!	February 29 Swedish Meatballs Brown Rice Diced Cucumbers Fruit Milk Veggie Meatballs	March 1 Turkey Burger WG Sandwich Roll Green Beans Fruit Milk Veggie Burger
March 4 Pizza Bagel w/ Mozzarella Cheese and Tomato Sauce Carrot Sticks w/ Ranch Dressing Fruit Milk	March 5 Mac & Cheese w. WG Pasta Mixed Vegetables Fruit Milk	March 6 Teriyaki Chicken Brown Rice Fresh Broccoli (Peas) Ranch Dressing Fruit Milk Teriyaki Tofu	March 7 Italian Meatball Parmesan Sandwich on WG Hoagie Roll Corn Fruit Milk Veggie Meatball Parmesan	March 8 Turkey Sausage String Cheese (3+ Only) WG French Toast Tomato and Cucumber Salad Fruit Milk French Toast and Veggie Sausage
March 11 Chicken Caesar Pasta Salad Broccoli (Peas) Ranch Whole Pear (Diced Pear) Milk Edamame Pasta Salad	March 12 WG Chicken Fingers Sweet Potato Tots Blueberries Milk Veggie Nuggets	March 13 BBQ Meatballs Brown Rice Carrot Sticks (Carrots) Orange Slices (Mandarins) Milk BBQ Veggie Meatballs	March 14 Mac & Cheese w. WG Pasta Mixed Vegetables Pineapple Milk	March 15 Shepherd's Pie (Ground Beef, Corn, and Mashed Potatoes) WG Dinner Roll Strawberries & Mandarin Oranges Milk Lentil Pie St. Patrick's Day!
March 18 Beef BBQ WG Bun Peas Fruit Milk Veggie Burger National Sloppy Joe Day	March 19 Turkey & Cheese Sandwich on WW Bread Carrot Sticks (Cooked Carrots) Mayonnaise Ranch Dressing Fruit Milk Sunbutter & Grape Sandwich	March 20 Grilled Chicken w/Gravy Red Beans & Rice Fruit Milk Veggie Nuggets	March 21 Taco Beef w/Cheddar Cheese WG Tortilla Chip Rounds Corn & Black Bean Salad Fruit Milk Bean Burrito National Crunchy Taco	March 22 Grilled Chicken Parm WG Pasta w/Marinara Green Beans Fruit Milk Lentils & Gravy
March 25 Turkey Sausage String Cheese (3+ Only) WG Waffle Breakfast Potatoes Fruit Milk WG Waffle and Veggie Sausage International Waffle Day	March 26 Hamburger Slider w/Cheddar Cheese WG Bun Green Beans Fruit Milk Veggie Burger	March 27 Chicken, Cheddar Cheese, and Brown Rice Bake Peas Fruit Milk Tofu, Cheddar, Rice Bake	March 28 Turkey and Cheese Sandwich on WW Bread Carrot Sticks (Cooked Carrots) Ranch Dressing Mayonnaise Fruit Milk Sunbutter & Grape Sandwich	March 29 Grilled Chicken Pot Pie w/Mixed Vegetables WG Biscuit Fruit Milk Lentil Pot Pie

WG = Whole Grain

Fruit options vary when in season and will be rotated based on availability: Apples, Applesauce, Flavored Applesauce, Banana, Diced Pears, Diced Peaches, Pineapple, Oranges, Pears, Cantaloupe, Honeydew, Strawberries, Fruit Cocktail, Peaches, Mandarin Oranges, Mangos